

| <b>SCHEDULE Monday through Thursday</b> | Pacific Time | Mountain Time | Central Time | Eastern Time | <b>FRIDAY</b>                | Pacific Time | Mountain Time | Central Time | Eastern Time |
|---|--------------|---------------|--------------|--------------|------------------------------|--------------|---------------|--------------|--------------|
| <b>OFFICE HRS</b>                       |              |               | 7:30-9       | 8:30-10      | <b>OFFICE HRS</b>            |              |               | 7:30-9       | 8:30-10      |
| <b>Health &amp; Elective</b>            |              |               | 9-10:30      | 10-11:30     | <b>Health &amp; Elective</b> |              |               | 9-10:30      | 10-11:30     |
| <b>CORE 1</b>                           | 8:30-10      | 9:30-11       | 10:30-12     | 11:30-1      | <b>Core</b>                  | 8:30-9:30    | 9:30-10:30    | 10:30-11:30  | 11:30-12:30  |
|   |              |               |              |              | <b>Dialogue</b>              | 9:30-10      | 10:30-11      | 11:30-12     | 12:30-1      |
| <b>BREAK</b>                            | 10-10:45     | 11-11:45      | 12-12:45     | 1-1:45       | <b>BREAK</b>                 | 10-10:45     | 11-11:45      | 12-12:45     | 1-1:45       |
| <b>Comm. Meeting</b>                    | 10:45-11:15  | 11:45-12:15   | 12:45-1:15   | 1:45-2:15    | <b>Problem Solving</b>       | 10:45-11:15  | 11:45-12:15   | 12:45-1:15   | 1:45-2:15    |
| <b>CORE 2</b>                           | 11:15-12:45  | 12:15-1:45    | 1:15-2:45    | 2:15-3:45    | <b>Flex Time</b>             | 11:15-12:45  | 12:15-1:45    | 1:15-2:45    | 2:15-3:45    |
| <b>Health &amp; Elective</b>            | 12:45-2:15   | 1:45-3:15     |              |              | <b>Health &amp; Elective</b> | 12:45-2:15   | 1:45-3:15     |              |              |
| <b>OFFICE HRS</b>                       | 2:15-3:45    | 3:15-4:45     |              |              | <b>OFFICE HRS</b>            | 2:15-3:45    | 3:15-4:45     |              |              |